



## The Impact of the Physical Environment on Lifestyle and Psychophysiology

Symposium held by The Swedish Behavioral Medicine Society in collaboration with the Danish, Norwegian and Finnish Behavioral Medicine Societies, and under the aegis of the Swedish Social Medicine Society. Sponsored by the International Society for Behavioral Medicine (ISBM, [www.isbm.info](http://www.isbm.info))

Thursday, March 29, 2012, 9.00-16.00, Swedish Society of Medicine ([www.sls.se](http://www.sls.se)), Klara Östra krykogata 10

- 9.00-9.10 Registration
- 9.10.-9.20 **Welcome**  
Anne H Berman, PhD, Associate professor, Clinical Psychology, Karolinska Institutet  
President, Swedish Behavioral Medicine Society
- Per-Olof Östergren, MD, PhD, Professor, Social Medicine, Lund University  
Swedish Society for Social Medicine, Swedish Behavioral Medicine Society
- 9.20-9.50 **Jonas E. Andersson, PhD, School of Architecture, Royal School of Technology (KTH)**  
The physical environment and the frail elderly – planning for an empathic architecture
- 9.50-10.20 **Torbjörn Åkerstedt, MD, PhD, Professor, Stress Research, Stress Research Institute, Stockholm University**  
The importance of light for human health
- 10.20-10.40 Refreshments
- 10.40-11.05 **Tomi Mäkinen, PhD, National Institute of Health and Welfare, Helsinki, Finland**  
The physical living environment and physical activity in Finland:  
Preliminary results from a regional survey from 2010
- 11.05-11.30 **Mats Lekander, PhD, Professor, Health Psychology, Stress Research Institute, Stockholm University and Osher Center for Integrative Medicine, Karolinska Institutet**  
Micro-organisms and allergens in the environment - do they influence behaviour?
- 11.30-11.55 **Maria Emmelin, PhD, Professor, Global Health, Dept of Social Medicine and Global Health, Lund University**  
The built environment and social capital
- 12.00-13.00 Lunch
- 13.00-13.25 **Matilda Annerstedt, PhD, Swedish University of Agricultural Sciences**  
Access to green areas as a pre-condition for health
- 13.25-13.50 **Camilla Ihlebaek, PhD, Professor, Public Health, Norwegian University of Life Sciences (UMB)**  
Green Care - using the farm environment for rehabilitation
- 13.50-14.15 Refreshments and informal speed-dating
- 14.15-14.40 **Jasper Schipperijn, PhD, Institute of Sports Science and Clinical Biomechanics, The University of Southern Denmark**  
Including physical environment in behavioral analyses – possibilities, challenges and examples
- 14.40-15.00 Concluding discussion with panelists (moderator P-O Östergren)
- 15.00-16.00 **Årsmöte SBF (öppet för alla, rösträtt SBF medlemmar)**

## Registration information

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Participation costs:

Non-member SBF/Nordic Behavioral Society	600 SEK
Nordic Behavioral Society member	300 SEK
SBF member & student member, 2012 dues paid	300 SEK
SBF member including dues 2012	500 SEK
SBF student member year 1 including dues 2012	350 SEK
Speakers (complimentary SBF membership 2012)	0 SEK

Registration at: <http://nbm.fikket.com>